



Social Planning Council of Peel

## THRIVE: VOLUNTEERS FOR COMMUNITY HARMONY WORKSHOP SERIES

Join us for an upcoming workshop:

### Mapping Your Path: Goal Setting & Resource Navigation

This interactive workshop helps youth:

- Create an action plan: clarify goals and break them down into realistic, actionable steps
- Understand how to access personal, academic and community resources with confidence



**Facilitator:**

Omar Goodgame  
*Executive Director at Erin  
Mills Youth Centre*



**Saturday,  
January 31, 2026**



**2:00 PM - 5:00 PM**



**[communityharmoniyyouth@spcpeel.com](mailto:communityharmoniyyouth@spcpeel.com)**



**Sheridan College  
7899 McLaughlin Rd, Brampton  
ON L6Y 5H9  
Room C217 (Paralegal Courtroom)**

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